

Outside Safety...

Principles for risk management

- If there is a risk, work to remove it
- If you can't, reduce it as far as reasonably practicable.
- Regular training for manual handling situations! *

Dynamic risk assessment

Ensure you have an up to date weather report

Look at your group and the proposed trip, check

- **Weather:** route access/exit points/portages
- **People:** clothing/equipment/ medical etc needs
- **Equipment:** boats etc / trailer

Possible problems:

- Weather-related: consider a different trip or cancel it, have you a plan B ready? Can you get remove or reduce them? E.g. high sun index, have you sun block / suntan cream... why not?
- People? If people aren't up to the trip then they don't go on this one, find them something they can do...
- Equipment? Unsuitable gear means change your trip!

Consider the overall risk level: change the trip or reduce the numbers going: could some people do a different trip safely in the same area?

If lots of risk factors are high, are you sure you should be doing this at all? Consider going somewhere / doing something else.

Discuss and consider what you wish to do *before* you go!

* When are you scheduling this to happen?